SUNDAY, ORDINARY TIME, WEEK 29: MORNING PRAYER

- P: † O God, come to my assistance.
- A: Lord, make haste to help me.
- P: Glory be to the Father, and to the Son, and to the Holy Spirit.
- A: As it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia!

HYMN

Lord of All Hopefulness



Lord of all hopefulness, Lord of all joy, In Whose care no suff'ring our trust can destroy, be there at our waking, and give us, we pray, Your bliss in our hearts, Lord, at the break of the day.

PSALMODY

P: Ant. 1 As morning breaks, I look to You, O God, to be my strength this day. Alleluia!

SIT

Psalm 63:2-9

- 1: 0 God, You are my God, for You I long; for You my soul is thirsting. My body pines for You like a dry, weary land without So I gaze on You in the sanctuary to see Your strength and Your glory.
- 2: For Your love is better than life, my lips will speak Your praise. So I will bless You all my life, in Your name I will lift up my hands. My soul shall be filled as with a banquet, my mouth shall praise You with joy.
- 1: On my bed I remember You. On You I muse through the night, for You have been my help; in the shadow of Your wings I -

rejoice. My soul clings to You; Your right hand holds me fast.

- 2: Glory be to the Father, and to the Son, and to the Holy Spirit.
- 1: As it was in the beginning, is now, and ever shall be, world without end. Amen.
- P: Psalm-prayer Father, Creator of unfailing light, give that same light to all who call to You. May our lips praise You, our lives proclaim Your goodness, our work give You honour, and our voices celebrate You for ever.
- A: Ant. As morning breaks, I look to You, O God, to be my strength this day. Alleluia!
- P: Ant. 2 From the midst of the flames the three young men cried out with one voice: Blessed be God! Alleluia!

Canticle: Dn 3:57-88, 56

- 1: Bless the Lord, all you works of the Lord. Praise and exalt Him for ever. Angels of the Lord, bless the Lord. You heavens, bless the Lord. All you waters above the heavens, bless the Lord. All you hosts of the Lord, bless the Lord. Sun and moon, bless the Lord. Stars of heaven, bless the Lord.
- 2: Every shower and dew, bless the Lord. All you winds, bless the Lord. Fire and heat, bless the Lord. Cold and chill, bless the Lord. Dew and rain, bless the Lord. Frost and chill, bless the Lord. Ice and snow, bless the Lord. Nights and days, bless the Lord. Light and darkness, bless the Lord. Lightnings and clouds, bless the Lord.

1: Let the earth bless the Lord. Praise and exalt Him above all for ever.

Mountains and hills, bless the Lord. Everything growing from the earth, bless the Lord.

You springs, bless the Lord.
Seas and rivers, bless the Lord.
You dolphins and all water
creatures, bless the Lord.

All you birds of the air, bless the Lord.

All you beasts, wild and tame, bless the Lord.

You sons of men, bless the Lord.

2: O Israel, bless the Lord.
Praise and exalt Him above all for
ever.

Priests of the Lord, bless the Lord. Servants of the Lord, bless the Lord.

Spirits and souls of the just, bless the Lord.

Holy men of humble heart, bless the Lord.

Hananiah, Azariah, Mishael, bless the Lord.

Praise and exalt Him above all for ever.

A: Let us bless the Father, and the Son, and the Holy Spirit.

Let us praise and exalt Him above all for ever.

Blessed are You, Lord, in the firmament of Heaven, praiseworthy and glorious and

exalted above all for ever.

- A: Ant. From the midst of the flames the three young men cried out with one voice: Blessed be God! Alleluia!
- P: Ant. 3 Let the people of Zion rejoice in their King. Alleluia!

Psalm 149

1: Sing a new song to the Lord, His praise in the assembly of the faithful. Let Israel rejoice in its Maker, let Zion's sons exult in their King. Let them praise His name with dancing and make music with timbrel and harp. 2: For the Lord takes delight in His people.

He crowns the poor with salvation. Let the faithful rejoice in their glory,

shout for joy and take their rest. Let the praise of God be on their lips

and a two-edged sword in their hand,

- 1: to deal out vengeance to the nations and punishment to all the peoples; to bind their kings in chains and their nobles in fetters of iron; to carry out the sentence pre-ordained; this honour is for all His faithful.
- 2: Glory be to the Father, and to the Son, and to the Holy Spirit.
- 1: As it was in the beginning, is now, and ever shall be, world without end. Amen.
- P: Psalm-prayer
 Let Israel rejoice in You, Lord,
 and acknowledge You as Creator and
 Redeemer. We put our trust in Your
 faithfulness and proclaim the
 wonderful truths of salvation. May
 Your loving kindness embrace us now
 and forever.
- A: Ant. Let the people of Zion rejoice in their King. Alleluia!

R: READING Rv 7:9-12 After this I saw before me a huge crowd that no one could count from every nation and race, people and tongue. They stood before the throne and the Lamb, dressed in long white robes and holding palm branches in their hands. They cried out in loud voices, "Salvation is from our God, Who is seated on the throne, and from the Lamb!" All the angles who were standing around the throne and the elders and the four living creatures fell down before the throne to worship God. They said, "Amen! Praise and glory, wisdom and thanksgiving and honour, power and might, to our God forever and ever. Amen!"

The word of the Lord A: Thanks be to God.

RESPONSORY

- P: Christ, Son of the living God, have mercy on us.
- A: Christ, Son of the living God, have mercy on us.
- P: You are seated at the right hand of the Father;
- A: have mercy on us.
- P: Glory be to the Father, and to the Son, and to the Holy Spirit.
- A: Christ, Son of the living God, have mercy on us.

STAND

CANTICLE OF ZECHARIAH Lk 1:68-79

- P: Ant. The Son of Man came not to be served, but to serve, and to give His life as a ransom for many.
- 1: | Blessed be the Lord, the God of Israel; He has come to His people and set them free.
- 2: He has raised up for us a mighty Saviour, born of the house of His servant David.
- 1: Through His holy prophets He promised of old that He would save us from our enemies, from the hands of all who hate us.

2: He promised to show mercy to our fathers and to remember His holy covenant.

- 1: This was the oath He swore to our father Abraham: to set us free from the hands of our enemies, free to worship Him without fear, holy and righteous in His sight all the days of our life.
- 2: You, my child, shall be called the prophet of the Most High, for you will go before the Lord to prepare His way, to give His people knowledge of salvation by the forgiveness of their sins.
- 1: In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.
- 2: Glory be to the Father, and to the Son, and to the Holy Spirit.
 - 1: As it was in the beginning, is now, and ever shall be, world without end. Amen.
- A: Ant. The Son of Man came not to be served, but to serve, and to give His life as a ransom for many.

INTERCESSIONS

- P: Christ is the sun that never sets, the true light that shines on every man. Let us call out to Him in praise:
- A: Lord, You are our life and our salvation.
- P: Creator of the stars, we thank You for Your gift, the first rays of the dawn,
- A: and we commemorate Your resurrection.
- P: May Your Holy Spirit teach us to do Your will today,
- A: and may Your Wisdom guide us always.
- P: Each Sunday, give us the joy of gathering as Your people
- A: around the table of Your word and Your Body.
- P: From our hearts, we thank You
- A: for Your countless blessings.

4 Sunday, Ordinary Time, Week 29: Morning Prayer

A: THE LORD'S PRAYER

Our Father, Who art in Heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

P: PRAYER

Let us pray:
Almighty and ever-living God,
our source of power and inspiration,
give us strength and joy
in serving You as followers of Christ,
Who lives and reigns with You
in the unity of the Holy Spirit,
God for ever and ever.

A: Amen.

CONCLUSION

- P: The Lord be with you.
- A: And with your spirit.
- P: May almighty God bless you, the Father, the Son, and the Holy Spirit.
- A: Amen.
- P: Let us bless the Lord.
- A: Thanks be to God.