



ARISE

OVERNIGHT RETREAT FOR YOUTH ENTERING GRADE 9 & 10 IN SEPTEMBER 2023

Camp Jubilee, North Vancouver

July 3 - 7, 2023

YOUTH PARTICIPANT RESOURCE GUIDE



April, 2023

Dear Parent/Guardian,

We are so excited to be with your child at Camp Jubilee for "Arise"! This retreat is organized by the Ministries and Outreach Office of the Archdiocese of Vancouver and will take place from Monday, July 3 to Friday, July 7 at Camp Jubilee in North Vancouver.

This overnight retreat is designed for those who have completed their first and/or second year of high school and will explore the question of "Who am I and how do I answer my call to holiness within my family, my friends, at the parish and with the greater church community?" Much like a summer camp, the program will also include swimming, canoeing, hiking, and craft-making.

By having your son/daughter participate in such a program, they will surely gain valuable life experiences that will be treasured for a lifetime.

Please complete the Registration Form, the Permission & Medical Form, and the Camp Jubilee Waiver Form (found at the back of this package) and submit them and the registration fee (\$450 per person) to your group contact person for this retreat. Your group contact person will then forward the information on to us. (The M&O Office will not accept individual registrations.)

*Please be sure to inform your group's head Adult Leader (or group contact person) of any special needs, conditions, or considerations with your child they need to be aware of.

Also included in this registration package are:

- Directions to Cates Park: where we will meet and board the boats to Camp Jubilee
- Packing List: Please ensure that your youth have all the items listed and that they are packed
 as efficiently as possible. We are limiting each youth to just 2 large bags which should include
 everything on the packing list.
- Information about Camp Jubilee

Thank you for allowing your child to participate in this year's retreat. We are sure you won't be disappointed!

If you have any questions, please do not hesitate to reach out to me.

Peace be with you.

Retreat Coordinator

(604)683-0281, ext. 50239

fmccreedy@rcav.org

DIRECTIONS TO CATES PARK

Directions to CATES PARK

Head westbound on Highway 1 over the Iron Workers Memorial Bridge, then:

- Take exit 23B toward Dollarton Hwy
- Continue onto **Dollarton Hwy**
- Turn right into Cates Park.



Got GPS?

If you have a GPS system, use I the following address to get directions to Cates Park:

4141 Dollarton Hwy
North Vancouver, BC



© Camp Jubilee Retreat & Conference Centre

DIRECTIONS TO CATES PARK

DROP OFF/PARKING INFORMATION

- Overnight parking is not allowed in Cates Park, however limited street parking can be found off Dollarton Hwy. We highly encourage you to arrive via public transit, charter bus or car-pool.
- Boat Dock: We ask that you do not wait on the dock. Please follow the Camp Jubilee signs and wait until one of our staff members greets your group.
- No drop offs/parking allowed in the boat trailer parking lot.



LOOK FOR THESE SIGNS





HEAT TREATMENT ROOM PROCESS

At Camp Jubilee we are aware of bed bugs in the Lower Mainland and have proactively taken steps to avoid problems.

A bed bug heat chamber is onsite to treat all belongings of the guests and staff.

This process takes about 2 hours or more upon arrival.

The room gets as hot as the high setting on a dryer.

WHAT CAN GO IN THE HEAT ROOM?

- **CLOTHING**
- **♦ BEDDING**
- **BAGS WITH ZIPPERS**
- **♦ TARPS**
- **THICK PLASTIC BAGS**

WHAT CAN'T GO IN THE HEAT ROOM?

- **TOILETRIES**
- **FLASHLIGHTS**
- BATTERIES
- **ELECTRONICS**
- **LIQUIDS**

Pack the above in a separate bag that can be removed from your main bag

ARISE: PACKING LIST

WHAT TO BRING:

Camp Jubilee is a Nut-Free Zone.

** Please label all your belongings with your <u>name</u> and <u>parish or school</u>** Use proper luggage/duffle/backpacks for packing your things.

		Sleeping bag and pillow (please do not use plastic garbage bags as a cover/bag for your sleeping bag and pillow! They tear easily.)
		Clothing (appropriate for a Christian environment) o For hot weather (shorts, t-shirts, sandals, etc.) o For cool weather (pants, sweaters, socks, etc.) o Rain gear o Modest bathing suit
		Towel Sunscreen Insect Repellent 1 box of medical masks (25 masks) Outside Shoes for running and hiking "Inside Shoes" or slippers for indoor dining and activities Toiletries Toothbrush and tooth paste Shampoo and soap Any necessary medication / specific first aid Flashlight Pen and Paper Water Bottles Plain White T-Shirt (will be decorated during the week at Camp Jubilee) Large garbage bags (new and not used for packing your gear) A willingness to meet new people and grow in their faith!
W	ΗA	AT NOT TO BRING:
by t	ı ma he l	ectronic devices such as iPods, DVD Players, Gaming devices ay bring your mobile phone but is only to be used as a camera. Any usage <u>other than</u> directed leadership team and for taking photos will result in the device being confiscated and only returned discretion of the chaperone and or the program coordinator.
	We	eapons of any sort
	Dr	ugs and Alcohol of any kind will not be tolerated
		acks – All meals and snacks will be provided by Camp Jubilee and the Ministries and Outreach fice (Snacks will not be permitted in the cabins as they pose a risk to pest infestation)

COVID-19

We look forward to welcoming guests for the 2022 Season. Camp Jubilee will be following all orders mandated by BC Public Health. Regulations are constantly changing as the Covid-19 Pandemic evolves. Guests are reminded to please check for up to date regulations and mandates at:

https://www2.gov.bc.ca/gov/content/covid-19/info/response

Camp Jubilee is a member of The British Columbia Camps Association (BCCA) and will be following their guidelines which have been developed for Camps in partnership with BC Public Health.

The British Columbia Camps Association (BCCA) is a governing body that facilitates and promotes an in-depth Accreditation process, informs and educates its membership of camping professionals, and advocates the benefits of Accredited camps to parents and the BC public. The BCCA is composed of over 50 camps across British Columbia, including agency, religious, not-for-profit, and private camps. We believe that safe and quality camp experiences play an integral part in the development of children, youth, and adults and contribute to healthy communities. We are a proud affiliate of the Canadian Camping Association.

Please visit the below link for more details:

http://bccamping.org/Resources-For-Camps

Arise 2023

SAMPLE SCHEDULE (Days 2, 3,4)

7:30am Wake-up

7:45am Daily Mass (depending on priest availability)

8:30am Breakfast

9:30am Morning Prayer and Workshop

10:00am Morning Session

12:30pm Lunch

1:20pm Swimming

2:00pm Recreation Activities #1

3:30pm Recreation Activities #2

5:30pm Dinner

6:15pm Adult Leaders' Meeting

6:45pm Evening Session

8:00pm Small Group Time w/ Snack

8:30pm Evening Prayer

9:30pm Youth Back to Cabins and prepare for sleep

10:00pm Lights out

<u>Emergency Number</u> during week: Camp Jubilee at 604-937-7388 or leave a message at the Ministries and Outreach Office in Vancouver @ 604-683-0281, ext 50239 (The staff from the Ministries and Outreach Office will retrieve messages twice daily).

Arise Youth Retreat July 3 – 7, 2023 REGISTRATION FORM

This information is collected and protected by the Ministries and Outreach Office in accordance with the Personal Information Protection Act and will only be used for Arise 2023 registration and emergency medical purposes.

YOUTH INFORMATION

FIRST NAME	LAST NAME	
DATE OF BIRTH	GENDER Female	☐ Male
SCHOOL IN SEPT. 2023-24		GRADE
ADDRESS	CITY	P. CODE
PARENT/GUARDIAN INFO	RMATION	
NAME(S) OF PARENT or GUARDI	AN	
HOME PHONE #		
MOTHER/GUARDIAN WORK PHO	NE# C	ELL#
FATHER/GUARDIAN WORK PHON	NE# C	ELL#
DARISH	CITY	

ARISE July 3 – 7, 2023

PERMISSION FORM & AUTHORIZATION FOR MEDICAL TREATMENT

This information is collected and protected by the Ministries and Outreach Office in accordance with the Personal Information Protection Act and will only be used for Arise 2023 registration and emergency medical purposes.

To Whom It May Concern: As a parent and/or guardian, I do herewith authorize the treatment by a qualified and licensed medical doctor of (Participant) in the event of a medical emergency which, in the opinion of the attending physician, may endanger his or her life, cause disfigurement, physical impairment or undue discomfort if delayed.				
Signed				
(Father	Mother, legal guardian)	(Date))	
(Address)		(City)	(Postal Code)	
Particinant B.C. (Care Card Number			
Family Physician		Phone		
Specific medical	allergies, chronic illnes	ses or other condition, dieta	ary needs and any current medications:	
	ct in case of emergenc			
	e		Phone	
Option #2: Name	9	Relation	Phone	
reasonable steps that and may occur with Archdiocese of Varparticipate in this experience.	to prevent injuries to yo hout fault on the part of ncouver, or the facility	ur child, some degree of rist fyour child, the Ministries a where the event is taking p that the event described a	g organizers and volunteers will take sk is inherent in the nature of activities and Outreach Office, volunteers, the blace. By allowing your child to above is suitable for your child and that	
		video of my child used by the promotional material.	he Ministries and Outreach Office on its	
connected with the	e trip from any liability, o	d parish/ school or any of it claims, damages for persor orth Vancouver, on July 3 –	, a minor, hereby releases ts advisors, chaperones or persons nal injury, property loss/ damage which - 7, 2023.	and may
	Participant) or the above event.		hereby agrees to abide b	y the
Dated this	day of	, 2023.		
Signature of Parer	nt / Guardian	- Signatı	ure of Participant	



CAMP JUBILEE RETREAT AND CONFERENCE CENTRE

SPECIAL DIET REQUEST, CONSENT, DISCLOSURE & ACKNOWLEDGEMENT OF RISK

All guests MUST complete all spaces and sign this form prior to attending a Camp Jubilee program.

Guests who are minors under Provincial law must have this form signed by a parent or legal guardian. By signing this document you will waive certain legal rights, including the right to sue or claim compensation following an accident.								
SCHOOL/GROUP NAME:								
GUEST FIRST NAME:		LAST NAME:				AGE:		
MAILING ADDRESS:								
PHONE NUMBER:		EMERGENCY CO)NTACT:			EMER	RGENCY PHONE NUMBER:	
EMAIL ADDRESS:					YES P	YES PLEASE SEND ME SPECIAL OFFERS BY EMAIL		
Please list all health conditions or medical issues that may pose risk to the Guest or others (previous injuries, medications, etc.):								
SECTION 1:		SPECIAL DIET I	REQUE	ST				
VEGETARIAN	VEGAN	GLUTEN FREE		NU	JT FREE		SEVERE EGG ALLERGY	
LIST ANY ALLERGY WHERE AN	EPIPEN IS REQUIRED):						
ADDITIONAL DIETARY CONCERNS: Special Diets Policy and Notes:								
For those guests with cross contamination		•	•	, ,		·		
• Camp Jubilee is a 30 minute boat ride to Deep Cove, North Vancouver. It will take approximately 30 minutes to access medical support in the form of BC Ambulance Service. Guests who require medicine to treat their allergic reactions must bring their own medicine including EPIPEN and/or Benadryl (or similar product). Guests should consult with a doctor to establish the type and amount of medicine required for the duration of trip.								
• Camp Jubilee is "nut managed" which means that we AVOID the use of nut or nut-related products. We remind all our guests of our "nut managed" status. However, we cannot guarantee that nuts or nut products are not present as guests may bring a restricted product without our knowledge. Additionally, some of our food products contain the warning "May contain traces of nuts" or "Produced in a factory in which contains nut and/or nut products."								
SIGNATURE: DATE:								
Note: Parental or legal guardian signature required for minors 18 years and younger.								
SECTION 2:	ACKNOWLE	DGEMENT OF RISI	KS, AGI	REEMENT TO	HOLD H	IARMLESS	5	
In consideration of Camp Jubilee Retreat and Conference Centre Ltd, Camp Jubilee Society, and Indian Arm Management Services Ltd. ("Camp Jubilee") providing to me or the Guest certain activities, including, hiking, orienteering, eating, canoeing, boating, rock climbing, rappelling, ropes courses, sports and games, swimming, archery, kayaking, leadership activities and team building initiatives (collectively, the "Activities"), I, the undersigned, RELEASE AND FOREVER DISCHARGE Camp Jubilee, and its affiliates, subsidiaries, directors, officers, employees, agents, volunteers, contractors, and owners (collectively, the "Releasees") from all actions, losses, damages, expenses, suits, contracts, claims, and personal injury, of any kind whatsoever (including death), whether in law, equity, or pursuant to statute (collectively, "Claims"), which as against any of the Releasees I may have, arising out of my participation (or the participation of Guest) in the Activities or attendance at Camp Jubilee.								

I REPRESENT AND WARRANT to the Releasees that (a) the Guest is in good health (including physical, emotional, and behavioural condition) and that is not potentially dangerous or harmful for the Guest to participate in the Activities; and (b) if the Guest is a minor or disabled, I have the authority to sign this agreement on behalf of the Guest.

I INDEMNIFY the Releasees with respect to any Claims: (a) from any third parties arising out of the Guest's participation in the Activities; and (b) if the Guest is a minor or disabled, arising out of the Guest's participation in the Activities which may be brought by or on behalf of the Guest or when the Guest reaches the age of majority.

I understand and agree that the Activities present a wide variety of inherent risks, hazards, and conditions, to the Guest, not all of which are easily foreseeable, and which could result in any type of physical or emotional injury. Such conditions include uneven terrain, fast changing weather, animal and plant life, participation in the Activities by any third parties, and use of assorted vehicles and equipment. Camp Jubilee's agreement to permit the Guest to partake in Activities is based on the strict understanding that I assume all risks involved in partaking in the Activities (and the trip in general) including the risks to the Guest as set out in this agreement and the risks to others as a result of the Guest's participation in the Activities and that the Releasees will not be held responsible in any way should the Guest or others become injured or suffer any adverse consequences, even if such adverse consequence arises from faulty or improperly maintained equipment, incomplete or inadequate instructions, inaccurate assessments as to the Guest's level of ability, or the negligence or actions of the Releasees or others. I understand that negligence includes failure on the part of any of the Releasees to take reasonable steps to safeguard or protect the Guest from the risks, dangers, and hazards of the Activities. I understand that Camp Jubilee's facilities, and any foods provided, are not allergen-free, gluten-free, or scent-free. I understand that the Guest will be expected to uphold the standards of behavior expected of the school/organization. The Guest will be expected to listen to and honor any request, suggestion, advice, or rule given by the Releasees and other supervising adults on the trip, with the understanding that this is in the best interest of all guests. The Guest will be expected to act with responsibility and care for the Guest and others on the trip.

Media Release: I give permission to use the photo and/or video of the Guest in any Camp Jubilee promotional material (i.e. newsletter, social media or other related publication), without payment, and assign such rights to Camp Jubilee and waive related moral rights.

This agreement is governed by the laws of British Columbia and the parties agree to attorn to the jurisdiction of British Columbia exclusively. This agreement is binding on my estate and representatives.

THIS IS A FULL RELEASE OF ALL CLAIMS AND CONTAINS AN INDEMNITY.

PLEASE READ IT CAREFULLY.

I acknowledge, as evidenced by my signature below, that I have carefully read, understand, and agree to this binding and legal agreement.

SIGNATURE:	DATE:
Note: Parental or legal guardian signature required for minors 18 years and younger.	